



Olympic Counseling, LLC

Dan Buchanan, MA, LMHC

Disclosure Statement

Purpose

In accordance with the Washington Administrative Code and the revised Code of Washington, the following Client Disclosure Information is provided for the client and must be signed by both the client(s) and Therapist. The client's signature indicates that she/he has read and understands the information and has received the Notice of Privacy Practices.

Education, Training, and Licensure

Dan Buchanan earned a Master's Degree in Psychology from LIOS Graduate College in Kirkland. While completing his Master's Degree, he completed a year clinical internship at Renton Youth and Family Services providing child, adolescent, and family therapy. Dan has mentored refugees, and provided counseling and case management to the homeless.

As a requirement for all therapists practicing for a fee in Washington, Dan is registered with the Washington State Department of Health, his credential number is ***LH60461689***.

Theoretical Approach

Dan's theoretical approach involves a blend of humanistic and existential psychology, and systems theory. Humanistic psychology follows the thought that each person is a unique human being, with the innate understanding of the self, which is so important in driving the therapeutic process. Systems theory is a look at the systems that are involved in our everyday lives. This includes relationships to family, friends, work, school, etc. In addition to these, he uses other modalities of psychotherapy, such as: client-centered therapy and cognitive behavioral therapy.

Policy on Legal Matters

If you are involved in a legal matter or disability case and would like to use documentation from treatment for your case, please discuss this with Dan before any additional treatment sessions. ***Dan is not a forensic expert, and thus, does not function as one.*** If you are in need of this type of treatment and documentation, you should contact your insurance provider and ask for assistance finding such a provider. If later in treatment you disclose you are in need of this assistance, it will be necessary to have a court issued subpoena, which are difficult to obtain and will slow down your case. ***In the event of this, Dan has a rate of \$220 per hour for all service rendered involving legal matters of any kind.*** Therefore, it is highly discouraged to use treatment services through Dan for legal purposes, and will be of benefit to the client to find forensic expert services.

Cancellation Policy

You will be charged for a missed appointment if you fail to notify within 24 hours of your scheduled session. ***Any missed appointments will be charged at a rate of \$80 per session,*** which insurance providers do not reimburse for. These charges will be applied to the card left on file, and will be charged the day of the missed appointment.

Billing and Insurance

Sessions are charged at a rate of:

Your fee for therapy will be \$150 per 50-minute session, and \$170 per 50-minute intake session. Insurances reimburse at various rates. Payments are due at the beginning of each session and can be paid by cash, check, or debit/credit card, or insurance payment.

It is the client's responsibility to understand their insurance benefits and coverage. Any session not reimbursed for by the client's insurance provider will be the responsibility of the client, regardless of circumstances. Dan does not have the ability to research client benefits, and so, this is the responsibility of the client before coming in for services. It could take 1-2 months before receiving benefit information back from insurance companies, and so, to avoid large bills, it is the client's responsibility to contact their insurance company and understand what their financial responsibility will be.

Dan works with a medical billing company to process payments through insurance. This company is Bell MedEX. If your insurance company does not cover any services, Bell MedEX will attempt to contact you to pay for these services. They are not a collection company. If Bell MedEX contacts you three times with no response, a collection company could contact you next. Dan encourages good communication around payment struggles to avoid this scenario.

Choosing the right Therapist

Not all clients needs are good fits with Dan. He fully understands this and embraces the importance of the client obtaining the services they need. If you feel services are not working, please bring this up. Dan will also be honest if he is not a good fit, and could end services or refer you to another provider or your insurance company to help you find another provider. ***Dan retains the right to refuse or terminate services at any time, to any client.***

Confidentiality

There is a legal privilege in this state protecting the confidentiality of the information that you share with any mental health professional. As a professional, Dan strives to maintain the strictest ethical standards of confidentiality. There are legal exceptions to confidentiality. The following situations are those in which the information you have shared with him may be shared with others.

- 1) The client gives written permission to share confidential information
- 2) Anything that suggests a crime or dangerous act
- 3) If the client is a minor, and there is indication that she/he was the victim or subject of a crime
- 4) The client brings charges against the Therapist
- 5) In response to a subpoena
- 6) As required under chapter 26.44 RCW

When it is possible, any exceptions to confidentiality will be discussed as they arise

Professional Affiliation

Dan is a private practitioner providing mental health services, licensed to practice services and to operate a business by the State of Washington.

Scheduling

Scheduling is done on a regular, weekly basis. It is the responsibility of the client to request additional sessions. This can be scheduled at the end of a session, or over the phone. You may request a session with little notice, however, there is no guarantee there will be times available.

Contacting Dan By Phone

You may leave a message at (253) 332-5809. Please limit voicemail information to appointment information, any important details and emergencies. With the exceptions of vacations, your call will be returned in 24 hours.

Emergencies

If you are in an emergency, please call:

Serious emergencies: 911

Crises clinic: (866) 427-4747

Emergency Resource Support: (800) 621-4636

I have read and understand the information presented in this form, "Disclosure Statement"

Client Signature

Date

Therapist Date