



Olympic Counseling, LLC

Dan Buchanan, MA, LMHC

Disclosure Statement

Purpose

In accordance with the Washington Administrative Code and the revised Code of Washington, the following Client Disclosure Information is provided for the client and must be signed by both the client(s) and Therapist. The client's signature indicates that she/he has read and understands the information and has received the Notice of Privacy Practices.

Education, Training, and Licensure

Dan Buchanan earned a Master's Degree in Psychology from LIOS Graduate College in Kirkland. While completing his Master's Degree, he completed a year clinical internship at Renton Youth and Family Services providing child, adolescent, family and group therapy. Dan has mentored refugees, and provided counseling and case management to homeless men on the eastside. Staying educated on the most current trainings, studies, and literature in Psychology and Psychotherapy is of the utmost importance to Dan and is part of his ongoing commitment to provide the best quality of service for his clients.

As a requirement for all therapists practicing for a fee in Washington, Dan is registered with the Washington State Department of Health, his credential number is ***LH60461689***.

Theoretical Approach

Dan's theoretical approach involves a blend of humanistic and existential psychology, and systems theory. Humanistic psychology follows the thought that each person is a unique human being, with the innate understanding of the self, which is so important in driving the therapeutic process. Systems theory is a look at the systems that are involved in our everyday lives. This includes relationships to family, friends, work, school, etc. In addition to these, he uses other modalities of psychotherapy, such as: solution focused therapy, structural family therapy, and cognitive behavioral therapy. All of these make up an eclectic mix of theories and modalities that Dan believes best fits the uniqueness of each client.

Policy on Legal Matters

If you are involved in a legal matter or disability case and would like to use documentation from treatment for your case, please discuss this with Dan before any additional treatment sessions. ***Dan is not a forensic expert, and thus, does not function as one.*** If you are in need of this type of treatment and documentation, our office can help refer you to a forensic expert to help assist you. If later in treatment you disclose you are in need of this assistance, it will be necessary to have a court issued subpoena, which are difficult to obtain and will slow down your case. ***In the event of this, Dan has a rate of \$220 per hour for all service rendered involving legal matters of any kind.*** Therefore, it is highly discouraged to use treatment services through Dan for legal purposes, and will be of benefit to the client to find forensic expert services.

Cancellation Policy

You will be charged for a missed appointment if you fail to notify within 48 hours of our scheduled time. Each client is given a one-time forgiveness for late cancellation or no-show. After that, each session not rescheduled or canceled within 48 hours will be charged at a rate of \$100 per session, which insurance providers do not reimburse for. Fees may periodically change, and thus the fees are subject to change with two weeks prior notification.

Billing and Insurance

Sessions are charged at a rate of:

Your fee for therapy will be \$130 per 50-minute session, and \$150 per 50-minute intake session. Insurances reimburse at various rates. Payments are due at the beginning of each session and can be paid by cash, check, or debit/credit card, or insurance payment.

It is the client's responsibility to understand their insurance benefits and coverage. Any session not reimbursed for by the client's insurance provider will be the responsibility of the client. Dan does not have the ability to research client benefits, and so, this is the responsibility of the client.

Dan works with a medical billing company to process payments through insurance. This company is Bell MedEX. If your insurance company does not cover any services, Bell MedEX will attempt to contact you to pay for these services. They are not a collection company. If Bell MedEX contacts you three times with no response, a collection company could contact you next. Dan encourages good communication around payment barriers to avoid this scenario.

Choosing a Therapist

You have the right to choose a Therapist who best suits your needs and purposes. You may seek a second opinion from another mental health practitioner or may terminate therapy at any time.

Confidentiality

There is a legal privilege in this state protecting the confidentiality of the information that you share with any mental health professional. As a professional, Dan strives to maintain the strictest ethical standards of confidentiality. There are legal exceptions to confidentiality. The following situations are those in which the information you have shared with me may be shared with others.

- 1) The client gives written permission to share confidential information.
- 2) Anything that suggests a crime or harmful act.
- 3) If the client is a minor, and there is indication that she/he was the victim or subject of a crime.
- 4) The client brings charges against the Therapist.
- 5) In response to a subpoena.

6) As required under chapter 26.44 RCW.

When it is possible, any exceptions to confidentiality will be discussed as they arise.

Professional Affiliation

Dan is a private practitioner providing mental health services, licensed to practice said services and to operate a business by the State of Washington.

Scheduling

Scheduling is done on a regular, weekly basis. It is the responsibility of the client to request additional sessions for the following week. This can be scheduled at the end of a session, or over the phone. You may request a session with little notice, however, there is no guarantee there will be times available.

Unprofessional Conduct

If you feel you have been treated unfairly, or Dan has acted in an unprofessional or unethical manner, please feel free to discuss the matter with him directly. You are also legally entitled to contact the Department of Health regarding unethical matters.

Department of Health, Counselors Program
P.O. BOX 47869
Olympia, WA 98504-7869
(360) 664-9098

Contacting Dan By Phone

You may leave me a message at (253) 332-5809. Please limit voicemail information to appointment information, any important details and emergencies. With the exceptions of vacations, your call will be returned in 24 hours.

Emergencies

If you are in an emergency, please call:

Serious emergencies: 911

Crises clinic: (866) 427-4747 or (800) 621-4636

I have read and understand the information presented in this form, Disclosure Statement

Client Signature

Date

Therapist Date